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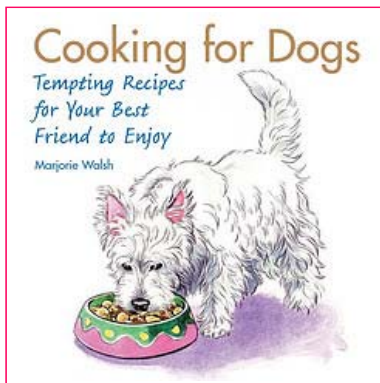


Paula's Soul

Where I'm coming from!

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12 SEP Cooking for Dogs...

Posted by Paulasoul as [cool finds](#)

Since "inheriting" a darling [German Shepard puppy](#), I've quickly learned how much commitment it takes to raise a healthy one. His sensitive tummy (among other things) has been one of my many [challenges](#). I've been trying different things to help him keep his food down, but until now nothing has really worked. i made a decision about 2 weeks ago that I would stop the "dog food" thing altogether (lots of additives and chemicals) and try to go organic with his food. I did some research on feeding alternatives and decided that I would rather cook for my dogs.

I found this great [recipe book](#) and have been pleased ever since. Marjorie Walsh outlines the basic nutritional needs of dogs and gives some very easy recipes for them. All of the meals are something that I would eat myself so, it makes sense to use them as real meals and make enough for the dogs. She teaches you how to use things in your pantry to make excellent canine delicacies. i've had about 7 bags of pinto and navy beans probably since last year. Yesterday I boiled some chicken breast chunks and rice (no seasoning) , and the [dogs](#) LOVED it!! [Coleman](#) had no digestive problems at all and for the first time and was extremely happy. i broke a large serving up into two separate meals. I'm serving the same thing today only I'm adding pinto beans with the rice. The meals are filling and are easy to do even on a tight budget. it uses foods that I would buy anyway and takes away that extra \$15-\$20 bag of dog food. Just thought I'd share. I'm eternally grateful for this incredible little recipe book!

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Dr. Lee Says:
September 12th, 2007 at 8:25 pm

I think that's a great idea cooking for the pets, especially looking at how feasible it is. You're a great pet owner! One day maybe I will be to.

Paulasoul Says:
September 12th, 2007 at 8:33 pm

@Dr. Lee- Thanks, I really try to be. I appreciate the comment. 😊

Cheri Says:
September 13th, 2007 at 1:15 pm

Hi Paula, I love the site. Anyway, I have a couple of friends who cook for their animals as well. Sarah has a rescue Greyhound named Lou Tentant. Lou eats green beans, rice with broth. She make a container worth and leaves it in the fridge until it's time to chow. Now Frances cooks chicken everday. She buys chicken backs and uses chicken skin to feed her two dogs. It's all good in the end.
 Cj

tcakes Says:
September 13th, 2007 at 1:42 pm

Thanks Paula! I feel terrible... well not really. I cook for Ethan only like 3-4 times a month. Is that bad?

Did Kenny tell you I visited your church the other Sunday? I really liked it. I saw a picture of your Pastor in a magazine, it was of him and his wife on their wedding day. Is it just me, or did he look like Tupac? I know, I really am terrible, but he did.

tia

PS Hey Cheri!!!!!! I miss you cuz!

Paulasoul Says:
September 13th, 2007 at 1:54 pm

@Cheri- Hey cuz!!! Thanks for visiting. I miss you! I'm really getting into it (cooking 4 my dogs). I wonder why I haven't thought of it sooner. By the way tell Sarah that Lou Tenant is a wicked cool name for a dog! Love it!

@Tia [i mean,T-cakes 😊] No that's not bad that you only cook that many times a week. Wait a minute did you say a MONTH?! **AW NAW! MAMA DEAR!!!!!!!!!!** (note; my mama didn't cook for us at all, buuuut!) Anyway, if you get a call from a certain "aunt Bea", just take it like a woman. LOL

(about my pastor's pic)I said the EXACT SAME thing about my Pastor when I saw that pic.I think we're too much alike for our own good. He looks like Gerald Levert [R.I.P] now though, LOL. Love ya!

alisha9 Says:
September 14th, 2007 at 1:02 am

You know, it's almost too bad people can't tell how bad Coleman is from these pics!

Quel Says:
September 21st, 2007 at 3:35 am

Man, Paula. You really are a great dog owner. You make me want to cook for my dogs. I hate being in the kitchen though. if I start cooking for them, there's no way I'll get out of cooking for Billy a few days a week. I gotta get my heart right down on the inside before cooking for EVERYbody in the house EVERYday.

Cheronda Says:
September 22nd, 2007 at 9:20 pm

Ok...cooking for your pet...no comment... ok just one...I have a hard time cooking for myself and my husband.. I guess thats why I don't have a pet anymore...
 Miss Ya cuz

Me and My Sister « Just Lisa Says:
September 26th, 2007 at 10:57 am
 [...] I don't cook, Paula is a gourmet!!! [...]

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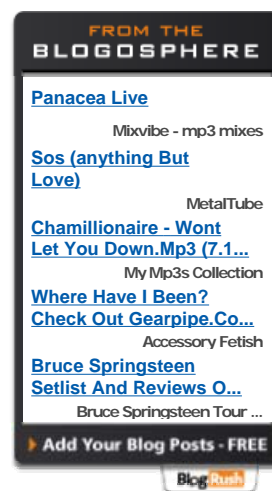
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